

Allied Health Sciences

2020-2021

NAME _____

ID# _____

Core Coursework Requirements (30-36 cr.)

Foundational Writing

ENGL 111 _____ 3

Foundational Math

MATH 125 _____ 3

Scientific & Quantitative Reasoning

STAT 200 _____ 3 BIOL 105 _____ 4

Humanistic or Artistic Expression

_____ 3-4 _____ 3-4

Two of the following: ART 100, 215, 216; CLSS 110; CCST 110; CVPA 266; DNCE 111; ENGL 200, 201, 202, 203; HIST 101, 102; MUSC 100, 121, 123; PEAC 200; PHIL 111, 112, 200; POSC 110; RELN 111, 112, 203, 206; THEA 100, 180; ARAB 300; FREN 300, 320; GRMN 300; LATN 350; RUSS 300; WGST 200

*Courses taken for Core Coursework credit may not be cross credited (used to satisfy requirements in two Core Coursework categories), but course may be cross credited to majors, minors, and certificates.

Cultural or Behavioral Analysis

PSYC 121 _____ 3 _____ 3

PSYC 121 and one of the following: ANSC 101, 106; APST 200; CCST 103; ECON 101, 105, 106; GEOG 101, 102, 103, 140, 201, 202, 203, 280; HIST 111, 112; INST 101; ITEC 112; PEAC 200; POSC 120; RELN 112, 205; SOCY 110, 121; WGST 200

Writing Intensive

_____ 3

ESHE 450 and one of the following: ANSC 201, 203, 410, 430; ART 202; CORE 201, 202; ENGL 112, 210, 300, 306, 309, 470; HHUM 210; MKTG 201; PHRE 202; POSC 201, 202; THEA 281 (add additional courses as approved)

ALLIED HEALTH SCIENCES (54 SH)

CHEM	111	_____ (4)	General Chemistry
CHEM	112/122	_____ (4)	General Chemistry
BIOL	310	_____ (4)**	Human Structure and Function I
BIOL	311	_____ (4)	Human Structure and Function II
PSYC	230/439	_____ (3)	Lifespan Devel. or Abnormal Psyc.
ESHE	201	_____ (3)	Intro. Athletic Injuries
ESHE	205	_____ (1)	Intro. into Allied Health Sciences
ESHE	305	_____ (3)	Princ. & Prac. Strength and Condit.
ESHE	315	_____ (3)	Physical Activity and Aging
ATTR	323	_____ (3)	Assess. of Athletic Injuries I – Extrem.
ESHE	390	_____ (3)	Kinesiology
ESHE	392	_____ (3)	Exercise Physiology
ESHE	396	_____ (3)	Assessment and Prescription
ESHE	465	_____ (4)	Therapeutic Interventions.
ESHE	450 (WI)	_____ (3)	Research Methods.
HLTH	200	_____ (3)	Wellness Lifestyle
HLTH	465	_____ (3)	Exercise, Performance & Nutrition

Term

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Pre-requisites

CHEM 111
BIOL 105
BIOL 105
PSYC 121; recommend 230 for AT pre or coreq BIOL 322 or 310
BIOL 105
BIOL 322 or BIOL 310 & 311
BIOL 105
ESHE 201, pre or coreq 390, GPA 3.0
BIOL 322 or 310 or 311
BIOL 310 & 311 or BIOL 322
HLTH 200 and ESHE 392
ESHE 390 and ESHE 392, GPA 3.0
ESHE 390 and ESHE 392, GPA 3.0
BIOL 322 OR 310, HLTH 200
GPA of 3.0 and BIO 310
ESHE 225, BIOL 310 and GPA of 3.0
ESHE 225, ESHE 250 and GPA of 3.0

PROFESSIONAL FIELDWORK (3 SH)

ESHE	225	_____ (1)	Allied Health Science Practicum I.
ESHE	250	_____ (1)	Allied Health Science Practicum II.
ESHE	325	_____ (1)	Allied Health Science Practicum III

F/S/SU/W
F/S/SU/W
F/S/SU/W

COURSES FROM APPROVED MENU (16 SH) Must take 16 Hrs. from the approved menu of courses. Any courses from the approved lists can be used to satisfy this requirement but strongly suggested students choose coursework based on prerequisites for their graduate or professional program.

- PT:** PHYS 111 (4), PHYS 112 (4), HLTH 475 (3), HLTH 451 (3)
- OT:** PHIL 112 (3), APST 200 (3), SOCY 121 (3), PSYC 230 (3), PSYC 439 (3), HLTH 475 (3), HLTH 451 (3)
- AT:** ATTR 150 (1), ATTR 205 (2), NUTR 214 (3), PHYS 111 (4), HLTH 300, 325, 475 (3), PSYC 218, 317, 343, 439 (3)
- OTHER PRE-HEALTH DISCIPLINES:** CHEM 301 (4), CHEM 302 (4), BIOL 334 (4), BIOL 471 (4), HLTH 300 (3), HLTH 451 (3), HLTH 453 (3), HLTH 460 (3), HLTH 475 (3)

Electives (20+ credit hours)

Allied Health Sciences SAMPLE 4 Year Plan

*Must be taken in designated semester. Courses in **Bold** are required in Core Coursework.

Fall Semester		Spring Semester	
Freshman Year	Cr.	Freshman Year	Cr.
ENGL 111	3	Writing Intensive course	3
HLTH 200	3	Cultural or Behavioral Analysis	3
PSYC 121	3	Elective	3
Humanistic or Artistic Expression	3	Humanistic or Artistic Expression	3
BIOL 105	4	MATH 125	3
	Total 16		Total 15
Sophomore Year	Cr.	Sophomore Year	Cr.
STAT 200	3	ESHE 201: Intro to Athletic Injuries Elective	3
*BIOL 310: Structure & Function I	4	*BIOL 311: Structure & Function II	4
PSYC 230 or 439 (recommend PSYC 230 for AT)	3	ESHE 315: Physical Activity and Aging	3
College Core B: Global Perspectives	3	AT/OT/PT/Pre-Health course – Approved Menu	3-4
Elective	3	ESHE 225: Practicum I	1
ESHE 205: Intro into AHS	1		
	Total 17		Total 14-15
Junior Year	Cr.	Junior Year	Cr.
ESHE 250: Practicum II	1	ESHE 390: Kinesiology	3
ATTR 323: Assess. of Athletic Injuries I	3	ESHE 396: Assess. & Prescription	3
Chemistry 111	4	HLTH 465: Ex. Perform. & Nutrition	3
ESHE 305: Strength & Conditioning	3	Chemistry 112 or 122	4
ESHE 392: Exercise Physiology	3	ESHE 325: Practicum III	1
Elective	3		
	Total 17	Recommend: Take GRE in Summer	Total 14
Senior Year	Cr.	Senior Year	Cr.
ESHE 450 : Research Methods	3	ESHE 451 or OT/PT/Pre-Health course – Approved Menu	3
ESHE 465: Therapeutic Interventions	4	AT/OT/PT/Pre-Health course – Approved Menu	3-4
AT/OT/PT/Pre-Health course – Approved Menu	3-4	AT/OT/PT/Pre-Health course – Approved Menu	3-4
AT/OT/PT/Pre-Health course – Approved Menu	3-4	AT/OT/PT/Pre-Health course – Approved Menu or elective	3
AT/OT/PT/Pre-Health course – Approved Menu or elective	3		
Recommend: Apply for Graduate School	Total 16-18		Total 12-13

Total credit hours required for degree = 120