B. Core Skills & Knowledge

ELECTIVES (5 hours)* electives should be approved by your advisor before you register for them

COLLEGE CORE

A. National & International B. Supporting Skills &

CORE CURRICULUM – 43-45 Semester Hours (SH)

A. Core Foundations (12SH)

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CORE 101		3	(16SH)	Perspectives (6SH)		Knowledge (9	-11SH)	
			Courses must be from different	Courses must be from diffe	rent	NATURAL SCI. OR I		CAL
CORE 102	<u> </u>	3	disciplines:	disciplines:		SCIENCES (3/4 SH) STAT 200		3**
HNRS 103	2*	3	MATHEMATICAL SCIENCES (3SH)	U. S. PERSPECTIVES (3 SH) OT: Recommend APST 200		STAT 200		3
IIIVING 100			MATH 137 3** (MATH 138 preferred)	OT: RECOMMENU APST 200	3	HUMANITIES, VISU	AL & PERFO	RMING
CORE 201	<u></u>	3	(MATH 138 preferred)	One of the following: APST	•	ARTS, OR FOREIGN	LANGUAGE	
			NATURAL SCIENCES (4 SH)	ECON 101, 105, 106, ENGL 2	203	One of the follow	ving: CISS 1	3-4
CORE 202	<u> </u>	3	BIOL 105 4**	GEOG 201, 202, 203 HIST 11	1, 112	110 ENGL 200 HIS		
NOTE: Com	rses listed in mu	ltiple areas	HUMANITIES (3 SH)	POSC 120, SOCY 110		112, 114 POSC 11		
	used to fulfill a	•	OT: Recommend PHIL 112	GLOBAL PERSPECTIVES (3SF	1)	206 Or ART 100, 2		
requireme	nt.	_	One of the following CISS 110 FNSI 200	OT: Recommend SOCY 121	<u>.,</u>	MUSC 100, 121, 1 ARAB 100, 200, 23		
Cturdomto o			One of the following: CLSS 110, ENGL 200 HIST 101, 102 PHIL 111, 112, 114 POSC		3	102, 201: 202 FOF		
	an use only one on prefix to fulfill of		110 RELN 111, 112, 203, 206	One of the following: CVPA	One of the following: CVPA 266			:210, 300,
requireme	=		COCIAL (DELIAN) COLENICES (2 CII)	ENGL 201, 202 FORL 103 GE		320 GRMN 100, 2		
			SOCIAL/BEHAV. SCIENCES (3 SH) PSYC 121 3**	101, 102, 140, 280 HIST 101		101: 102, 201, 350		, 200, 210,
	3 – will replace (se students in th		VISUAL & PERFORMING ARTS (3 SH)	INST 101 ITEC 112 PEAC 200 112, 205, SOCY 121 THEA 18		300 SPAN 101: 10	2, 201: 202	
honors pro		ie KO	3	WMST 101	50	SOCIAL/ BEHAV. SO	CI. OR HEALT	Н &
-			One of the following: ART 100, 215, 216			WELLNESS (3SH)		
Program Core Curric	requirements m	et through	CVPA 266 DNCE 111 MUSC 100, 121, 123			HLTH 200		3
			THEA 100, 180					
Courses ca	nnot be used to	satisfy more t	than one requirement Sports Med	icine Option	NOTF: T	o Graduate with Ho	nors a stud	ent must
in the degr	ee program.	<u>-</u>				te 60 semester hour	•	
Sports N	Medicine OP	TION (49 H		•	-	e-requisites		
CHEM		(4)	General Chemistry	F				
CHEM	102/103		General Chemistry	S	СН	EM 101		
BIOL		(4)	Human Structure and Function	I F		DL 105		
BIOL		(4)	Human Structure and Function			DL 105		
PSYC	230/439		Lifespan Devel. or Abnormal Ps			YC 121		
ESHE		(3)	Intro. Athletic Injuries	F/S/SU		DL 310		
ESHE		(3)	Princ. & Prac. Strength and Cor		ВІО	L 322 or BIOL 310	& 311, GP/	A 2.5
ESHE		(3)	Physical Activity and Aging	F/S		DL 105, 56 HRS.,		
ATTR		(3)	Assess. of Athletic Injuries I – E			HE 201		
ESHE		(3)	Sport and Exercise Psychology	F/S/SU	PS۱	YC 121, GPA 2.5		
ESHE		(3)	Kinesiology	F/S/SU	ВІО	L 310 & 311 or BI	OL 322, GP/	A 2.5
ESHE	392	(3)	Exercise Physiology	F/S		L 310 & 311 or BI		
ESHE	396	(3)	Assessment and Prescription	F/S	HL	TH 200 and ESHE	392, GPA	2.5
HLTH	465	(3)	Exercise, Performance & Nutrit	ion F/S/SU	BIO	L 322 OR 311, HLT	TH 200, GP/	A 2.5
HLTH	320	(3)	Health and Safety Foundations	F/S/SU	HL	TH 200, GPA 2.5		
PROFESS	SIONAL FIELD	WORK (7-1	3 Hrs.)					
ESHE	363		(1) Seminar for Profession	nal Fieldwork F/S	GP.	A 2.5		
ESHE	463		(6-12) Fieldwork in ESHE	F/S/SU To enro	II & gra	duate requires 2.5	gpa overa	II/2.5
				in-major gpa (<i>A</i>	II ESHE	E, HLTH and BIOL 3	10 & 311)	
						•		
			(16 HRS.) Must take 16 Hrs. from the ap					oe
program.	atisty this requi	rement but	strongly suggested students choose cou	rsework based on prerequisites	for the	eir graduate or pro	ressionai	
Program.								
			PT: PHYS 111 (4). PHYS	112 (4), BIOL 104 (4), ATTR 365	(4), AT	TR 420 (4), HLTH 4	175 (3)	
	<u> </u>			13 (3), APST 200 (3), SOCY 121 (
				420 (4), HLTH 475 (3)	,,	(-,,	X = 77	
				DISCIPLINES: CHEM 301 (4), CH	IEM 30	2 (4), BIOL 334 (4)	, BIOL 471 ((4),
	_	-		451 (3), HITH 453 (3), HITH 46				

Sports Medicine SAMPLE 4 Year Plan

*Must be taken in designated semester. Courses in **Bold** are required in Core Curriculum.

Junior Year Cr. Junior Year Cr. SHE 305: Strength & Conditioning 3 ATTR 323: Assess. of Athletic Injuries I 3 ESHE 396: Assess. & Prescription 3 ESHE 390: Kinesiology 3 ESHE 390: Kinesiology 3 ESHE 392: Exercise Physiology 3 ESHE 392: Exercise Physiology 3 WOT/PT/Pre-Health course – Approved Menu 4 Total 15/16 Senior Year Cr. Senior Year C	Fall Semester		Spring Semester	
*University Core A: Core 101 3 * University Core A: Core 102 3 College Core B: HLTH 200 3 University Core B: VPA 3 University Core B: Psychology 121 3 University Core B: BIOL 105 4 College Core A: US Perspectives 3 University Core B: Humanities 3 4 *Chemistry 101 4 * Chemistry 102 or 103 4 4 *Chemistry 101 Total 16 Sophomore Year Cr. Sophomore Year Cr. Vuniversity Core A: Core 201 3 * University Core A: Core 202 3 *BIOL 310: Structure & Function I 4 * BIOL 311: Structure & Function II 4 4 PSYC 230 or 439 3 ESHE 201: Intro to Athletic Injuries 3 3 College Core B: Global Perspectives 3 College Core B: STAT 200 3 3 University Core B: MATH 137 3 Approved Elective 3 3 University Core B: Mathletic Injuries I 3 ESHE 395: Strength & Conditioning 3 16 Junior Year Cr. Junior Year Cr. Junior Year Cr. Sophomore Year Cr. Sophomore Year Cr. Sophomore Year Cr. Junior Year Cr. Junior Year Cr. Sophomore Year She 30: Strength & Conditioning 3 2 2 2 3 3 2 3 2 3 3 3 3 3 3 3 3 3 3	Ereshman Vear	Cr	Freshman Vear	Cr
College Core B: HLTH 200 3 University Core B: VPA 3				
University Core B: Psychology 121 3	·		,	
College Core A: US Perspectives 3			•	
*Chemistry 101			,	2
Total 16 Sophomore Year Cr. Sophomore Year Cr. Valviversity Core A: Core 201 *BIOL 310: Structure & Function I PSYC 230 or 439 College Core B: Global Perspectives Cr. Sophomore Year Cr. Sophomore Year Cr. Sophomore Year Cr. Sophomore Year College Core B: Global Perspectives College Core B: Global Perspectives College Core B: STAT 200 College Core B: MATH 137 College Core B: MATH 137 College Core B: MATH 137 College Core B: STAT 200 College Core B: MATH 137 College Core B: STAT 200 College Core B: STAT 200 College Core B: Math 137 College Core B: STAT 200 College Core B: Math 137 College Core B: Humanities/VPA/FORL College Core B: Math 137 College Core B: Math 137 College Core B: STAT 200 College Core B: State 201: State 201 College Core B: Math 140 College Core B: Math 140 C				+
16	Chemistry 101		Chemistry 102 of 103	•
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Recommend: Apply for Graduate School Total Total			Approved Elective	2/3
				Total
	necommend. Apply for draudate school	13/15		14/17

[%] OT/PT/Pre-Health courses from Approved Menu may need to be moved to different semesters depending on which courses the student plans to complete and course availability.