

NAME _____ ID# _____

CORE CURRICULUM – 43-44 Semester Hours (SH)

UNIVERSITY CORE

A. Core Foundations (12SH)

- CORE 101 _____ 3
- CORE 102 _____ 3
- HNRS 103*** _____ 3
- CORE 201, POSC 201 or MKTG 201 _____ 3
- CORE 202 or POSC 202 _____ 3

NOTE: Courses listed in multiple areas can only be used to fulfill a single area requirement.

Students can use only two courses with their major prefix to fulfill core requirements.

***HNRS 103 – will replace CORE 101 & 102 for those students in the RU honors program

*Grade of C or higher required

**Grade of B or higher required

B. Core Skills & Knowledge (16SH)

- MATHEMATICAL SCIENCES (3SH)**
- MATH 137 _____ 3
- NATURAL SCIENCES (4 SH)**
- BIOL 105 _____ 4*
- HUMANITIES (3 SH)**
- _____ 3
- One of the following: CLSS 110 CCST 110 ENGL 200 HIST 101, 102 PHIL 111, 112, 200 POSC 110 RELN 111, 112, 203, 206
- SOCIAL/BEHAV. SCIENCES (3 SH)**
- PSYC 121 _____ 3
- VISUAL & PERFORMING ARTS (3 SH)**
- _____ 3
- One of the following: ART 100, 215, 216 CVPA 266 DNCE 111 MUSC 100, 121, 123 THEA 100, 180

COLLEGE CORE

A. National & International Perspectives (6SH)

- U. S. PERSPECTIVES (3 SH)**
- _____ 3
- One of the following: APST 200 ECON 101, 205, 206, ENGL 203 GEOG 201, 202, 203 HIST 111, 112 POSC 120, SOCY 110
- GLOBAL PERSPECTIVES (3SH)**
- _____ 3
- One of the following: CVPA 266 ENGL 201, 202 CCST 103 GEOG 101, 102, 140, 280 HIST 101, 102 INST 101 ITEC 112 PEAC 200 RELN 112, 205, SOCY 121, THEA 180 WGST 200

B. Supporting Skills & Knowledge (9-10SH)

- NATURAL SCI. OR MATHEMATICAL SCIENCES (3/4 SH)**
- STAT 200 _____ 3
- HUMANITIES, VISUAL & PERFORMING ARTS, OR FOREIGN LANGUAGES (3-4 SH)**
- _____ 3-4
- One of the following: CLSS 110 CCST 110 ENGL 200 HIST 101, 102 PHIL 111, 112, 200 POSC 110 RELN 111, 112, 203, 206 Or ART 100, 215, 216 DNCE 111 MUSC 100, 121, 123 THEA 100, 180 Or ARAB 101, 102, 201, 202 CHNS 101: 102, 201: 202 FORL 100, 109, 209, 309, 409, 200: 210 FREN 100, 200:210, 300, 320 GRMN 100, 200: 210, 300 LATN 101: 102, 201, 350 RUSS 101:102, 201:202, 300 SPAN 101: 102, 103, 201: 202
- SOCIAL/ BEHAV. SCI. OR HEALTH & WELLNESS (3SH)**
- HLTH 200 _____ 3**

ATHLETIC TRAINING (77 Semester Hours)

ESHE FOUNDATIONS: (15 SH) (Athletic Training Specific):

		Term	Pre-requisites
ESHE 305*	Principles of Strength and Conditioning	_____ (3) F/S/SU	BIOL 322 or BIOL 310 and 311, GPA 2.5
ESHE 350*	Sport and Exercise Psychology	_____ (3) F/S/SU	PSYC 121, GPA 2.5
ESHE 390*	Kinesiology	_____ (3) F/S/ SU	BIOL 322 or 310 or 311, GPA 2.5
ESHE 392*	Exercise Physiology	_____ (3) F/S	BIOL 322 or 310 and 311, GPA 2.5
HLTH 465*	Exercise, Performance, and Nutrition	_____ (3) F/S	HLTH 200, BIOL 322 or 310, GPA 2.5

ATHLETIC TRAINING EDUCATION (62 SH)

ATTR 150**	Fundamentals of Athletic Training	_____ (1) F/W	
ESHE 201*	Introduction to Athletic Injuries	_____ (3) F/S/SU	Pre or coreq BIOL 310 or 322
ATTR 205*	Introduction to Athletic Training Skills	_____ (2) S	coreq ESHE 201 and ATTR 225, GPA 3.0
ATTR 225*	Practicum I	_____ (1) S	coreq ESHE 201 and ATTR 205, GPA 3.0
ATTR 250*	Practicum II	_____ (3) F	ESHE 201, ATTR 205, 225, coreq ATTR 323, GPA 3.0
ATTR 323*	Assessment of Athletic Injuries I	_____ (3) F	ESHE 201, pre or coreq ESHE 390, GPA 3.0
ATTR 325*	Practicum III	_____ (3) S	ATTR 250, coreq ATTR 422, GPA 3.0
ATTR 333*	Athletic Training Skill Assessment	_____ (1) F/S #	ATTR 150; # course must be completed 4 times
ATTR 335*	Seminar in Athletic Training	_____ (2) S	ATTR 250, ATTR 323, GP 3.0
ATTR 340*	General Medical Conditions	_____ (3) S	ATTR 250, ATTR 323, coreq ATTR 345, GPA 3.0
ATTR 345*	General Medical Rotation	_____ (1) F/S/SU	ATTR 250, ATTR 323, coreq ATTR 340, GPA 3.0
ATTR 355*	Practicum IV	_____ (4) F	ATTR 325, GPA 3.0
ATTR 365*	Therapeutic Exercise	_____ (4) F	ATTR 323, GPA 3.0
ATTR 420*	Therapeutic Modalities	_____ (4) S	ATTR 323, GPA 3.0
ATTR 422*	Assessment of Athletic Injuries II	_____ (3) S	ATTR 323, coreq ATTR 325, GPA 3.0
ATTR 425*	Org. & Admin of Athletic Training Programs	_____ (3) F	ATTR 325
ATTR 430*	Senior Seminar	_____ (3) S	ATTR 355, 86 hrs., GPA 3.0
HLTH 320*	Health and Safety Foundations	_____ (3) F/S/SU	
BIOL 310**	Human Structure and Function I	_____ (4) F	BIOL 105
BIOL 311**	Human Structure and Function II	_____ (4) S	BIOL 105
OR BIOL 322**	Anatomy and Physiology	_____ (6) F/S/SU	BIOL 105
CHEM 101/120	General Chemistry/Chemistry of Life	_____ (4) F/S	

ADDITIONAL ELECTIVE of 2 credit hours if BIOL 322 is taken

* Grade of "C" or higher required; **Grade of "B" or higher required; C = minimum of 75% in ATTR courses

Students must have an overall 3.0 GPA to be eligible to apply to the Athletic Training program.

Athletic Training SAMPLE 4 Year Plan

§ Must be taken in designated semester. Courses in **Bold** are required in Core Curriculum.

Fall Semester		Spring Semester	
Freshman Year	Cr.	Freshman Year	Cr.
University Core A: Core 101	3	University Core A: Core 102	3
University Core B: Math 137	3	CHEM 101 or CHEM 120	4
*University Core B: BIOL 105	4	University Core B: Humanities	3
**College Core B: HLTH 200	3	University Core B: Psychology 121	3
College Core A: US Perspectives	3		
	Total 16		Total 13
Sophomore Year	Cr.	Sophomore Year	Cr.
University Core A: Core 201	3	University Core A: Core 202	3
**ATTR 150: Fund. of Athletic Training	1	*ESHE 201: Intro to Athletic Injuries	3
HLTH 320: HLTH and Safety Foundations	3	§* ATTR 205: Intro to Athletic Training Skills	2
**BIOL 310: Human Structure & Function I	4	§* ATTR 225: Practicum I	1
University Core B: Visual & Performing Arts	3	**BIOL 311: Human Structure & Function II	4
		* ESHE 350: Sport Psychology	3
		§* ATTR 333: AT Skill Assessment	1
Apply to Athletic Training Education Program (ATEP) in November of this semester.	Total 14		Total 17
Junior Year	Cr.	Junior Year	Cr.
§* ATTR 250: Practicum II	3	§* ATTR 325: Practicum III	3
§* ATTR 323: Assess. of Athletic Injuries I	3	§* ATTR 340: General Medical Conditions	3
* ESHE 390: Kinesiology	3	§* ATTR 422: Assess. of Athletic Injuries II	3
College Core B: STAT 200	3	§* ATTR 333: AT Skill Assessment	1
* ESHE 305: Strength and Conditioning	3	§* ATTR 420: Therapeutic Modalities	4
§* ATTR 333: AT Skill Assessment	1	%*ATTR 345: General Medical Rotation	1
	Total 16		Total 15
Senior Year	Cr.	Senior Year	Cr.
§* ATTR 355: Practicum IV	4	§* ESHE 392: Exercise Physiology	3
§* ATTR 365: Therapeutic Exercise	4	§* ATTR 430: Senior Seminar	3
§* ATTR 425: Org & Admin AT programs	3	College Core A: Global Perspectives	3
§* ATTR 333: AT Skill Assessment	1	College Core B : Humanities/VPA/FORL	3
§* HLTH 465: Exercise, Perform, & Nutrition	3	Elective credits (if BIOL 322 taken)	2
%*ATTR 345: General Medical Rotation (if not taken)	1	§* ATTR 335: Seminar in Athletic Training	2
	Total 16		Total 14-16

%General Medical Rotation will be managed through advising. It is offered during fall, spring & summer.

* course must be passed with a "C" or better

**course must be passed with a "B" or better