

Nutrition and Dietetics (2022-23)

Student Name _____ ID _____

REAL Curriculum Requirements

REAL Foundations

MATH 125 (GE) _____ (3)
ENGL 111 (GE) _____ (3)

REAL Cornerstones & General Education

Writing Intensive (WI): NUTR 404 and another WI course _____ (3)
General Education (30 cr.): Satisfied by required coursework

Fulfilling R, E, A & L Area Requirements

Reasoning

Satisfy the R area by completing a
REAL Studies Minor in R (all of these
courses are required for the major)

- BIOL 105 (R/GE) (4)
- BIOL 310 (R/GE) (4)
- BIOL 311 (R/GE) (4)
- CHEM 111 (R/GE) (4)

Expression

Satisfy the E area (15+ cr.) by
completing:
REAL Studies Minor in E

- _____ ()
- _____ ()
- _____ ()
- _____ ()
- _____ ()

OR

Minor designated as E

OR

Transfer of 15 or more cr and
completion of 3cr GE/E course

Analysis

Satisfied by Major Requirements

Learning

Satisfied by Major requirements

Required Courses Outside of the Major (30 cr.)

PSYC 121 (A/GE) _____ (3) BIOL 311 (R/GE) _____ (4)
STAT 200 (R/GE) _____ (3) BIOL 334 (R) _____ (4)
BIOL 105 (R/GE) _____ (4) CHEM 111 (R/GE) _____ (4)
BIOL 310 (R/GE) _____ (4) CHEM 122 (R/GE) _____ (4)

Electives (4-7 cr.)

_____ ()
_____ ()
_____ ()

NUTRITION AND DIETETICS MAJOR REQUIREMENTS

Major Courses (62 cr.)

	Term	Pre-requisites
NUTR 214 (A/GE) Introduction to Nutrition	_____ (3) F/S	

ADMISSION TO NUTR UPPER DIVISION REQUIRED TO ENROLL

IN THE FOLLOWING COURSES:

Students must apply to register for upper division NUTR classes. A cumulative GPA of 3.0 or better on all coursework and a "C" or better in all pre-requisite courses is required. Application and admission standards can be found at: www.radford.edu/nutr.

NUTR 300	Medical Terminology	_____ (1)	F/S	
NUTR 301 (L)	Intro in Prof. in Nutrition & Dietetics	_____ (1)	F	Junior Level
NUTR 303	Nutrition Assessment	_____ (3)	S	NUTR 300, NUTR 316
NUTR 310	Food Service Management I	_____ (3)	F	NUTR 214, admission to upper division
NUTR 315	Food Service Management II	_____ (4)	S	NUTR 310, BIOL 334
NUTR 316	Life Stage Nutrition I	_____ (3)	F	NUTR 214, CHEM 122 and admission to upper division
NUTR 317	Life Stage Nutrition II	_____ (3)	S	NUTR 316
NUTR 320	Food Science	_____ (3)	F	NUTR 214, CHEM 122, BIOL 334 and admission to upper division
NUTR 325	Food Preparation	_____ (2)	F	NUTR 214, CHEM 122, BIOL 334, NUTR 320 (co-req)
NUTR 364 (L)	Field Exp. in Nutrition & Dietetics	_____ (2)	S	NUTR 301, NUTR 310, NUTR 316, NUTR 320
NUTR 401	Career Dev. in Nutrition & Dietetics	_____ (1)	S	NUTR 301, NUTR 364
NUTR 404 (L/WI)	Rsrch Methods in Nutr. & Dietetics	_____ (3)	S	NUTR 415, NUTR 425
NUTR 405 (A)	Comm. & Cult. Nutrition	_____ (3)	F	NUTR 317
NUTR 414	Adv. Nutrition & Metabolism I	_____ (4)	F	NUTR 214, CHEM 122, BIOL 310 & 311, admission to upper division
NUTR 415	Adv. Nutrition & Metabolism II	_____ (4)	S	NUTR 414
NUTR 416	Emerging Issues in Foods & Nutr.	_____ (3)	F	NUTR 320, NUTR 317, NUTR 415
NUTR 420	Adv. Meal Planning & Demo.	_____ (2)	S	NUTR 320, 325, NUTR 425
NUTR 425	Medical Nutrition Therapy I	_____ (4)	F	NUTR 303, NUTR 415
NUTR 426	Medical Nutrition Therapy II	_____ (4)	S	NUTR 425
NUTR 435	Nutr. Counseling & Educ. I	_____ (3)	F	NUTR 303, NUTR 320, NUTR 415
NUTR 436 (L)	Nutr. Counseling & Educ. II	_____ (3)	S	NUTR 435

Nutrition and Dietetics

Students must complete a REAL Studies minor in **Expression (E)** and **Reasoning (R)** or complete a minor designated as **E and R**.
 Required coursework in program satisfies REAL studies minor in **Reasoning**. Sample 4-year plan includes a REAL Studies minor in **Expression**.
Students should consult with their academic advisor to develop a schedule reflective of their unique goals.

Freshman Year			
Fall Semester	Credits	Spring Semester	Credits
ENGL 111: Principles of College Composition	3	Writing Intensive (WI) course	3
CHEM 111: General Chemistry I	4	BIOL 105: Biology for Health Sciences	4
PSYC 121: Intro to Psychology	3	MATH 125: Precalculus I	3
REAL Expression Course	3	NUTR 214: Introduction to Nutrition	3
Elective	3	REAL Expression Course	3
	16		16
Sophomore Year			
Fall Semester	Credits	Spring Semester	Credits
BIOL 334: Microbiology	4	CHEM 122: General, Organic, and Biological Chemistry for the Life Sciences	4
BIOL 310: Human Structure & Function I	4	BIOL 311: Human Structure & Function II	4
STAT 200: Intro to Statistics	3	REAL Expression Course	3
*NUTR 301 Introduction to Professions in NUTR	1	REAL Expression Course (300 or 400 level course)	3
REAL Expression Course	3		
	15		14
Junior Year			
Fall Semester	Credits	Spring Semester	Credits
*NUTR 300: Medical Terminology	1	**NUTR 303: Nutrition Assessment	3
*NUTR 310: Food Service Management I	3	**NUTR 315: Food Service Management II	4
*NUTR 316: Life Stage Nutrition I	3	**NUTR 317: Life Stage Nutrition II	3
*NUTR 414: Advanced Nutrition & Metabolism I	4	**NUTR 364: Field Exp. In Nutrition & Dietetics	2
*NUTR 320: Food Science	3	**NUTR 415: Advanced Nutrition & Metabolism II	4
*NUTR 325: Food Preparation	2		
	16		16
Senior Year			
Fall Semester	Credits	Spring Semester	Credits
*NUTR 401: Career Dev. in Nutrition & Dietetics	1	**NUTR 420: Adv. Meal Planning & Demo.	2
*NUTR 405: Community and Cultural Nutrition	3	** NUTR 404: Research Methods in Nutrition & Dietetics	3
*NUTR 416: Emerging Issues in Foods & Nutrition	3	** NUTR 426: Medical Nutrition Therapy II	4
*NUTR 425: Medical Nutrition Therapy I	4	** NUTR 436: Nutrition Counseling & Education II	3
*NUTR 435: Nutrition Counseling & Education I	3	Elective	3
	14		15

Total credit hours required for degree = 122

*Fall only **Spring only