

Peer Mentoring Program (PMP)



Attention Freshmen!!!

The Department of Health and Human Performance is starting a Peer Mentoring Program (PMP) for freshmen students in the Department of Health and Human Performance (HHP) this Spring Semester 2017. The program is designed to assist students with their college transition by providing positive academic, professional, and social support outside of the classroom.

What do I have to do?

Interested freshman will have an assigned mentor who is a junior or senior in the HHP department. Mentors and mentees will be required to meet roughly every 1-2 weeks throughout the semester to discuss classes, department/college/university events of interest (i.e., majors fair, etc.), class registration, and any other topics related to easing the transition from high school to college. Additional activities will include a pizza party, small group meeting with other HHP mentors and mentees, coffee or hot chocolate at Starbucks, an ice cream party, and more. So, yes, free food and an upperclassman mentor to help answer questions you might have about the department and university!

How do I apply?

Interested freshmen will complete a simple mentee application with an explanation of why he or she is interested in being part of the PMP. Applications are available on the HHP website and also in the HHP office (B-154 Peters Hall). Applications are due Wednesday, December 14, 2016 and all applicants must be freshmen in the HHP department.

How will I know if I am selected as a mentee?

Freshmen selected as mentees will be notified via email by Monday, December 19, 2016.

How soon will the program begin?

The PMP will kick off with a pizza party in January once students return to campus after winter break.

Anything else I have to do?

At the end of the Spring Semester 2017, mentees will complete an end-of-program survey and write a short reflection paper regarding their experience in the PMP.

For more information on the PMP and the application process, please email Dr. Kathleen Poole at kppoole@radford.edu.