



The University

Radford University is a diverse, comprehensive public university of more than 9,700 students, serving the Commonwealth of Virginia and the nation through a wide range of academic, cultural, human service and research programs. The university has received national recognition for its academic programs, campus life and commitment to environmental sustainability.

Program prerequisites, admission requirements and other information about the PHED concentration can be found at the program website:

www.radford.edu/phed

Department of Health and Human Performance
P.O. Box 6957
Radford, VA 24142
540-831-5305

Application materials and financial aid information can be found at the undergraduate admissions website:

www.radford.edu/admissions

Office of Undergraduate Admissions
Martin Hall 115
P.O. Box 6903
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www.radford.edu

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Physical and Health Education Concentration

B.S.

Exercise, Sport and Health Education



RADFORD UNIVERSITY

College of Education and Human Development

Give Shape to an Active Future



Overview

Radford University's Physical and Health Education (PHED) undergraduate program – a concentration within the Bachelor of Science in Exercise, Sport and Health Education – combines traditional classroom learning with hands-on, experiential training to prepare future educators for careers in preK-12 physical and health education. Through partnerships with various schools in Southwest Virginia, PHED students get direct experience observing and teaching children and adolescents in preschool, elementary, middle and high school settings as well as program extensions on Radford's campus. Successful completion of all PHED requirements leads to teaching licensure in the Commonwealth of Virginia.

Curriculum

The Physical Education and Health Education curriculum's main focus is preparing students for preK-12 teaching positions. Students earn required certifications in First Aid, CPR and AED; and many further enhance their job candidacy by pairing their degree with a minor in a relevant academic discipline. Additionally, they can pursue an optional endorsement in driver education to increase their marketability.

The student teaching placement during the final semester includes an internship that spans both the elementary and secondary levels. PHED interns receive mentorship from an experienced physical or health education teacher as well as their university supervisors.

Extracurricular Highlights

Beyond the required coursework, students enjoy opportunities to enhance and supplement their learning with participation in a variety of organizations and activities, including:

- membership in the Virginia Association of Health, Physical Education, Recreation, and Dance (VAHPERD).
- travel to the VAHPERD state convention each November.
- attendance and participation in national professional development workshops led by award-winning physical educators on campus.
- leadership roles during the annual "Physical Exercise and Activity for Kids" camp for children on campus.
- opportunities to present at "Family Fitness and Wellness Nights" in local schools.



Career Options

Due to alarming increases in sedentary behavior and childhood obesity rates, there has never been a more exciting or important time to pursue a career in physical and health education teaching, youth sports and athletic coaching. Physical and health education continues to be a top-ten critical shortage teaching endorsement area in Virginia; therefore, the demand for qualified PHED professionals who can teach, motivate and shape the lives of young people is high.

Many graduates find teaching positions in public and private schools as well as community-based physical activity programs. PHED teachers often supplement their careers with positions as coaches, driver education teachers and/or directors of intramural activities. Some graduates pursue advanced degrees in physical education teacher education, athletic coaching, educational leadership and more.



Accreditation

The Physical and Health Education Teaching program is nationally accredited by the Council for the Accreditation of Educator Preparation (CAEP) and SHAPE (Society of Health and Physical Educators) America.