

Pei-Chun Tsai

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Education

- Ph.D. in Counseling Psychology** **August 2015**
Iowa State University (APA Accredited), Ames, IA
Dissertation: *Trainee's Anxiety and Counseling Self-Efficacy in Counseling Sessions*
- M.S. in Counseling and Counselor Education** **May 2009**
Indiana University Bloomington, Bloomington, IN
- B.Ed. in Social Studies Education** **June 2006**
National Taipei University of Education: Taipei, Taiwan

Academic Employment

- Assistant Professor** **August 2015 – Present**
Department of Psychology,
Radford University, Radford, Virginia

Research Experience

Published Journal Articles (Peer Reviewed)

9. Liu, T., Wong, Y. J., & **Tsai, P.-C.** (in press). Intersections of perceived discrimination, social identities, loneliness, and life satisfaction among female Asian international students: Testing a conditional mediation model. *The Counseling Psychologist*.
8. Wei, M., **Tsai, P.-C.**, Lannin, D. G., Du, Y., & Tucker, J. R. (2015). Mindfulness, psychological flexibility, and counseling self-efficacy: Hindering self-focused attention as a mediator. *The Counseling Psychologist*, *43*, 39-63.
7. Wong, Y. J., **Tsai, P.-C.**, Liu, T., Zhu, Q., & Wei, M. (2014). Male Asian international students' perceived racial discrimination, masculine identity, and subjective masculinity stress: A moderated mediation model. *Journal of Counseling Psychology*.
6. Vogel, D. L., Armstrong, P. I., **Tsai, P.-C.**, Wade, N. G., Hammer, J. H., Efstathiou, G., et al. (2013). Cross-cultural validity of the self-stigma of seeking help (SSOSH) scale: Examination across six nations. *Journal of Counseling Psychology*, *60*, 303-310.
5. **Tsai, P. C.**, & Wong, Y. J. (2012). Chinese and Taiwanese international college students' participation in social organizations: Implications for college counseling Professionals. *Journal of College Counseling*, *15*, 144-156.

4. Wei, M., **Tsai, P.-C.**, Chao, R. C., Du, Yi., & Lin, S.-P. (2012). Advisory working alliance, perceived English proficiency, and acculturative stress. *Journal of Counseling Psychology, 59*, 437-448.
3. Wei, M., Chao, R. C., **Tsai, P.-C.**, & Botello-Zamarron, R. (2012). The Concerns about Counseling Racial Minority Clients Scale. *Journal of Counseling Psychology, 59*, 107-119.
2. Wong, Y. J., Ho, R. M., Li, P., Shin, M., & **Tsai, P.-C.** (2011). Chinese Singaporeans' lay beliefs, adherence to Asian values, and subjective well-being. *Personality and Individual Differences, 50*, 822-827.
1. Wei, M., Liao, K. Y-H., Chao, R. C., Mallinckrodt, B., **Tsai, P.-C.**, & Botello-Zamarron, R. (2010). Minority stress, perceived bicultural competence, and depressive symptoms among ethnic minority college students. *Journal of Counseling Psychology, 57*, 411-422.

Manuscript Under Review

Tsai, P.-C., & Wei, M. (under review). *Racial Discrimination and Experience of New Possibilities among Chinese International Students.*

Manuscripts in Preparation for Submission

Tsai, P.-C., & Wei, M. (in preparation). *Trainees' Anxiety and Counseling Self-Efficacy in Counseling Sessions.*

Wei, M., Chao, R. C.-L., **Tsai, P.-C.**, & Carrera, S. (in preparation). *Moderating effects of multicultural supervision, diversity contact, and comfort with diverse individuals on multicultural counseling competence.*

Tsai, P.-C., & Wei, M. (in preparation). *College student stress, basic psychological needs satisfaction, and depressive symptoms.*

Tsai, P.-C., & Wei, M. (in preparation). *Development and validation of a self-soothing scale: Factor structure, reliability, and validity.*

Tsai, P.-C., Wei, M., Botello-Zamarron, R., & Du, Y. (in preparation). *Development and validation of a class discrimination scale: Factor structure, reliability, and validity.*

Wei, M., Du, Y., **Tsai, P.-C.**, Shih, S.-F., & Wang, L.-F. (in preparation). *Anxiety Management Strategies in Counseling Sessions: A Qualitative Study.*

Conference Presentations

14. Wei, M., **Tsai, P.-C.**, Lannin, D. G., Du, Y., & Tucker, J. R. (2014, August). *The associations between mindfulness, psychological flexibility, and counseling self-efficacy among counselor trainees: Fewer experiences of hindering self-awareness matters.* Poster presented at the 122th Annual Convention of the American Psychological Association, Washington, DC.

13. Wong, Y. J., **Tsai, P.-C.**, Liu, T., Zhu, Q., & Wei, M. (2014, August). Male Asian International Students' Psychological Distress: Racial and Gendered Influences. In Wong, Y. J. (chair). *Men of Color's Mental Health: New Directions for Intersectionality Research and Practice*. Symposium presented at the 122th Annual Convention of the American Psychological Association, Washington, DC.
12. **Tsai, P.-C.**, & Wei, M. (2013, August). Coping with discrimination and posttraumatic growth among Chinese international students. In M. Wei and K. T. Wang (co-chair). *Addressing Chinese international students' needs: Racial and language discrimination*. Symposium presented at the 121th Annual Convention of the American Psychological Association, Honolulu, HI.
11. Wei, M., **Tsai, P.-C.**, Du, Y., Yoon, S. Y., Vanella, E., Shih, S.-F., & Wang, L.-F. (2013, August). *Anxiety management strategies in counseling sessions: a qualitative study*. Poster presented at the 121th American Psychological Association annual conference, Honolulu, HI.
10. Wei, M., Chao, R. C.-L., **Tsai, P.-C.**, & Carrera, S. (2013, August). Moderating effects of multicultural supervision and diversity contact on multicultural competence. In C.-I. Li (Chair). *Enhancing the quality of clinical supervision*. Symposium presented at the 121th Annual Convention of the American Psychological Association, Honolulu, HI.
9. Yuk Pang, Y. E., Wei, M., & **Tsai, P.-C.** (2013, January). *Perceived Discrimination, Social Connectedness, and Depressive symptoms among Ethnic Minority Students*. Poster presented at the 2013 National Multicultural Conference and Summit, Houston, TX.
8. Du, Y., Wei, M., **Tsai, P.-C.**, Chao, R. C.-L., & Botello-Zamarron, R. (2012, August). *Graduate advising experiences of Asian international students*. Poster presented at the 120th annual convention of the American Psychological Association, Orlando, FL.
7. **Tsai, P.-C.**, Wei, M., Chao, R. C.-L., Du, Y., & Lin, S.-P. (2012, August). *Acculturative stress, cross-cultural advising relationship, English proficiency, and psychological distress*. Poster presented at the 120th annual convention of the American Psychological Association, Orlando, FL.
6. **Tsai, P.-C.** & Wei, M. (2011). *College Student Stress, Basic Psychological Needs Satisfaction, and Depressive Symptoms*. Poster presentation at the 119th American Psychological Association annual conference, Washington, DC.
5. **Tsai, P.-C.**, Vogel, D. L., Wade, N. G., Hammer J., Liao, H.-Y., Wang, C.-C., Holtham, E., Kouvaraki, E., Efstathiou, G., Golden, S., Kezer, F., & McCullagh, A. (2011). In J. Mohr (Chair). *Cross-Cultural Validation of Self-Stigma Of Seeking Help (SSOSH) Scale*. Symposia presentation at the 119th American Psychological Association annual conference, Washington, DC.
4. Wei, M., Alvarez, A. N., Ku, T.-Y., Russell, D. W., Bonett, D. G., **Tsai, P.-C.** (2010) *Development and validation of a Coping with Discrimination Scale: Factor structure, reliability, and validity*. Poster accepted by American Psychological Association Convention, San Diego, CA.
3. Wei, M., Liao, K. Y.-H., Chao, R. C.-L., Mallinckrodt, B., **Tsai, P.-C.**, & Botello-

Zamarron, R. (2010). *Minority Stress, Perceived Bicultural Competence, and Depressive Symptoms among Ethnic Minority College Students*. Poster accepted by American Psychological Association Convention, San Diego, CA.

2. Y. Wong, Y. J., Ho, M-H. R., Li, P., Shin, M., & **Tsai, P-C.** (2009, August). *Singaporeans' Asian Values, Subjective Well-Being, and Lay Beliefs about Happiness*. Poster presentation at American Psychological Association Convention, Toronto, Canada.
1. **Tsai, P.-C.**, & Wong, Y. J. (2008, August). *East Asian international college students' participation in social organizations*. Paper presentation at Minnesota International Counseling Institute, Minneapolis, MN.

Awards

- Outstanding Counseling Psychology Graduate Student Award, Department of Psychology, Iowa State University (2014)
- University Teaching Excellence Award, Iowa State University (2014)
- Diversity in Psychological Science Graduate Research Award, Department of Psychology, Iowa State University (2013)
- American Psychological Association Student Travel Award (2013)

Courses Taught

Graduate Courses (Radford University)

PSYC 631: Cognitive Intellectual Assessment Techniques (Fall Semester 2015)

PSYC 798: Professional Internship (Fall Semester 2015)

PSYC 802: Ethical, Legal, and Professional Issues in Psychology (Spring Semester 2016)

PSYC 840b: Counseling Psychology Practicum I(b): Empirically-Based Practice Emphasis (Spring Semester 2016)

Graduate Course (Iowa State University)

Co-Instructor of Beginning Counseling Practicum (Spring Semester, 2013)

Undergraduate Courses (Iowa State University)

Instructor of Counseling Theories & Techniques Lab (Fall Semester, 2011; Spring Semester, 2012; Fall Semester, 2012; and Fall Semester, 2013)

Co-Instructor of Psychology of Women (June 2010 – July 2010)

Instructor of Academic Learning Skills (Fall Semester, 2010, Spring Semester, 2011)

Clinical Experience

QPR Suicide Prevention Gatekeeper Instructor Certificate: July 2015 – Present

Pre-doctoral Psychology Intern: August 2014 – July 2015

Counseling Center, Georgia Tech: Atlanta, Georgia

Advanced External Assessment Practicum Counselor: August 2013 – April 2014

Central Iowa Psychological Services, Ames, Iowa

Individual Supervisor of Counseling Practicum Students: August 2012 – May 2014

Department of Psychology, Iowa State University

Self-Forgiveness Project Counselor: July 2012 – May 2013
Department of Psychology, Iowa State University

Advanced Practicum Counselor: August 2011 – May 2012
Student Counseling Services, Iowa State University

Assessment Practicum Counselor: August 2011 – December 2011
Department of Psychology, Iowa State University

Intermediate Practicum Counselor: August 2010 – May 2011
Student Counseling Services, Iowa State University

Pre-Practicum and Beginning Practicum Counselor: August 2009 – May 2010
Department of Psychology, Iowa State University

Master Internship Counselor: September 2008 – May 2009
Center for Human Growth, Bloomington, Indiana

Master Practicum Counselor: May 2008 – Aug 2008
Center for Human Growth, Bloomington, Indiana

Professional Membership

American Psychological Association
Division 17 (Counseling)
Division 45 (Society for the Psychological Study of Ethnic Minority Issues)

Taiwan Society of Holistic Medicine

Professional Service

Ad hoc Reviewer for Journals

- Co-reviewer of Journal of Counseling Psychology (co-reviewed three manuscripts in 2012, one manuscript in 2013)
- Co-reviewer of The Counseling Psychologist (co-reviewed one manuscript in 2014)

Reviewer for Conferences

- Asian American Psychological Convention Poster and Symposium Reviewer – 2011-2014.
- American Psychological Association Division 45 (Society for the Psychological Study of Ethnic Minority Issues) Poster and Symposium Reviewer– 2016