# REAL Curriculum Program Alignment Proposal

## Program Details

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| Department or School: | **Health and Human Performance** | Date: | **January 27, 2020** |

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| Degree type: | [x] **BS** [ ] **BA** [ ] **BBA** [ ] **BSN** [ ] **BM** [ ] **BFA** [ ] **BSW** [ ] **Minor** [ ] **Certificate** |
| Program: | **ESHE Major: Physical & Health Education Teacher Education Concentration** |

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| REAL Area Program Designation Sought (check all that apply): **ADDITIONAL** | [ ]  **R** [ ]  **E** [ ]  **A** [x]  **L** |

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| Dept/School Contact:  | **Melissa Grim** |
| BS/BA Requirements: | **BS ONLY – part of the curriculum** |

## Course and Learning Goal and Outcomes Documentation Identification

## Any degree program that fulfills a REAL area must include at least 9 unique credit hours for each area covered. At least 3 of these 9 credit hours must be at the 300 level or above

## A single major degree program may fulfill no more than three REAL areas for any one student, unless all four REAL areas are fulfilled by accreditation or licensure requirements.

## A single minor or certificate degree program may fulfill no more than two REAL areas.

## Degree program may cover up to two REAL areas using a single prefix.

## All courses documenting the coverage of a REAL area must fulfill all learning outcomes and be designated in that area.

## All courses that document fulfillment of a REAL area within a degree program of study are NOT required to be taught by the department/school. However, departments/schools are expected to formally communicate with other departments about reliance on and inclusion of courses in their degree program plans of study. Indicate this through signature of chair or director of the partnering department or school in the areas below.

## Departments or schools that seek to fulfill REAL areas must acknowledge assessment requirements for those areas. Assessment of degree seeking students is required to be conducted yearly by the department or school offering the degree program.

## If departments or schools want to use a menu of courses to fulfill a particular area, please duplicate the sections below for each REAL area and include information for each course included in the menu of options.

## Please save this file for submission as PROGRAM NAME\_ProgramType.docx (Example: Criminal Justice\_BS.docx)

**By signing, the department/school acknowledges the above conditions and considerations:**

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| **Dept/School Signature** | **Date:** |

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| Official Program Description:*Please paste the entire official program description from the Radford University catalog in the space within this box. Find those here:* [*https://catalog.radford.edu/*](https://catalog.radford.edu/)Exercise, Sport and Health Education Major(Physical Education is a concentration under the ESHE Major)Changes:* Deleting BIOL 105 since it no longer is a prerequisite for BIOL 310
* Deleting HLTH 320, course is no longer needed
* Adding ESHE 288 and ESHE 388 to required courses
* Adding a statement about coursework that has to be taken at Radford University

Catalog Template: Exercise, Sport, and Health Education: Physical and Health Education Teacher Education concentration 1. Major Name and short description: This program of study prepares students to teach physical education and health education to young people in grades K-12. Students in this program earn a BS degree and a license issued by the Commonwealth of Virginia. To be admitted to the Professional Education Program, a student must meet minimum requirements for admission. Graduates obtain positions as teachers of physical and health education in schools and/or directors of community-based physical activity programs for youth. (See teacher education program in [College of Education and Human Development](https://catalog.radford.edu/preview_entity.php?catoid=45&ent_oid=1873#Admission_Requirements) admissions requirements).
2. REAL Curriculum: This major fulfills the R and L areas of the REAL Curriculum. Students will set objectives and develop, implement and evaluate data from lessons to inform their teaching practice. Throughout the curriculum, students apply requisite knowledge and skills for teaching in K-12 classroom settings. Students regularly reflect upon and work to improve their skills as a teacher. Coursework required in the major will fulfill an “A” REAL studies minor. Students need a minor to fulfill the E area to complete the REAL Curriculum requirements.
	1. REAL Cornerstone Contributions (May count towards major or minor requirements)
		1. Personal/Professional Development (PPD) Requirement Contributions: HLTH 200
	2. General Education Courses Contributed (28 credit hours):
		1. BIOL 310, EDSP 361, ENGL 111, ESHE 288, ESHE 294, HLTH 200, STAT 130 or 200, foundational MATH, PSYC 121
3. Major Requirements (90 Credits):
	1. Required Coursework (90 credit hours):
		1. Major Coursework (38 credit hours):
			1. ESHE 210 (prerequisite: 15 hours)
			2. ESHE 288
			3. ESHE 294
			4. ESHE 301 (prerequisite: HLTH 200)
			5. ESHE 302 (prerequisite: ESHE 210)
			6. ESHE 304 (prerequisite: ESHE 210)
			7. ESHE 307
			8. ESHE 371 (prerequisite: ESHE 210, ESHE 294)
			9. ESHE 374 (prerequisite: ESHE 210, ESHE 294)
			10. ESHE 388
			11. ESHE 391 (prerequisite: BIOL 310)
			12. HLTH 200
			13. ~~HLTH 320 (prerequisite: HLTH 200)~~
			14. HLTH 465 (prerequisite: HLTH 200, BIOL 310)
			15. Professional Education (15 hours)
				1. ESHE 380 (prerequisite: ESHE 307, ESHE 371, co-requisite with ESHE 384 and ESHE 386)
				2. ESHE 384 (prerequisite: ESHE 307, ESHE 371, co-requisite with ESHE 380 and ESHE 386)
				3. ESHE 385 (prerequisite: ESHE 210)
				4. ESHE 386 (ESHE 210, co-requisite with ESHE 380 and ESHE 384)
				5. HLTH 382 (prerequisite: ESHE 210, HLTH 200)
			16. Students must select one of the following focus areas:
				1. Teacher Education Focus (27 credits)

EDEF 320 (prerequisite: 2.5 GPA)EDSP 361 (prerequisite: 2.5 GPA)HLTH 363 (prerequisite: HLTH 200)HLTH 364 (prerequisite: HLTH 200)EDRD 416 (prerequisite: 2.5 GPA)ESHE 453* + - * 1. Youth Activity Focus (27 credits)

ESHE 389 (pre or co-requisite: ESHE 388)Choose 15 hours from the following courses: ESHE 212, ESHE 214, ESHE 305, ESHE 341, ESHE 345, ESHE 350, ESHE 358, ESHE 360, ESHE 370, ~~ESHE 388,~~ EDEF 320, EDSP 361, HLTH 320, HLTH 363, HLTH 364, HLTH 451, HLTH 453, HLTH 410, HLTH 412Choose an additional 9 hours of electives for the youth activity focus* + 1. Required Outside Coursework: (10 credit hours):
			1. BIOL 310
			2. ~~BIOL 105~~
			3. PSYC 121

5. STAT 130 or 200* 1. Additional Degree Requirements: A 2.5 overall GPA and a 2.5 major GPA are required for admission to the teacher education program and student teaching. See the teacher education [admission requirements](http://catalog.radford.edu/preview_entity.php?catoid=30&ent_oid=1292#Admission_Requirements) and procedures.
1. Open Electives (6 credit hours)
2. Total Credit Hours for Degree (122 credit hours)
3. Additional information for students:
	1. A Driver’s Education add-on endorsement can be received upon completion of [HLTH 410](https://catalog.radford.edu/preview_program.php?catoid=45&poid=4964#tt2648) and [HLTH 412](https://catalog.radford.edu/preview_program.php?catoid=45&poid=4964#tt4520) if the candidate is licensed in Secondary or K-12.
	2. Students must complete specific courses (i.e., ESHE 307, ESHE 371, ESHE 380, ESHE 384, ESHE 386, and HLTH 382) at Radford University.
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APPLIED LEARNING

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| L Area:Course Prefix: **HLTH**Course Number: **382**Course Title: **Methods of Teaching Health K-12 Health Education** Credit Hours: **3**New course: [ ]  Yes [x]  NoRevised course: [x]  Yes [ ]  NoProjected student enrollment per academic year: 20 | Is this course required or an elective for your degree program? [x]  Required [ ]  ElectiveIs this course offered within your dept/school? [x]  Yes [ ]  NoIf no, collaborating dept/school must also complete the remaining elements, and must sign below.Course Rotation: [x]  Fall [ ]  Spring [ ]  Intersession [ ]  Other (Explain below)Intended Frequency: [x]  Every academic year [ ]  Every semester [ ]  Every other year [ ]  At least once every three years [ ]  Other  Signature of collaborating chair/director indicating acknowledgement for inclusion and designation if not offered in dept/school: |
| L Area:Course Prefix: **ESHE**Course Number: **380**Course Title: **Methods of Teaching Elementary Physical Education** Credit Hours: **3**New course: [ ]  Yes [x]  NoRevised course: [x]  Yes [ ]  NoProjected student enrollment per academic year: 20 | Is this course required or an elective for your degree program? [x]  Required [ ]  ElectiveIs this course offered within your dept/school? [x]  Yes [ ]  NoIf no, collaborating dept/school must also complete the remaining elements, and must sign below.Course Rotation: [x]  Fall [ ]  Spring [ ]  Intersession [ ]  Other (Explain below)Intended Frequency: [x]  Every academic year [ ]  Every semester [ ]  Every other year [ ]  At least once every three years [ ]  Other  Signature of collaborating chair/director indicating acknowledgement for inclusion and designation if not offered in dept/school: |
| L Area:Course Prefix: **ESHE**Course Number: 384Course Title: **Methods of Teaching Secondary Physical Education**Credit Hours: **3**New course: [ ]  Yes [x]  NoRevised course: [x]  Yes [ ]  NoProjected student enrollment per academic year: 20 | Is this course required or an elective for your degree program? [x]  Required [ ]  ElectiveIs this course offered within your dept/school? [x]  Yes [ ]  NoIf no, collaborating dept/school must also complete the remaining elements, and must sign below.Course Rotation: [x]  Fall [ ]  Spring [ ]  Intersession [ ]  Other (Explain below)Intended Frequency: [x]  Every academic year [ ]  Every semester [ ]  Every other year [ ]  At least once every three years [ ]  Other Signature of collaborating chair/director indicating acknowledgement for inclusion and designation if not offered in dept/school: |

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| L Designated Course Required within the Program of Study Approved for Inclusion in the General Education Coursework: (please list at least one, can also be listed above but does not need to be)None required for L But students will be advised to take one of the following: ENG 306, ESHE 288, HLTH 320 GE pending) |

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| L Area:Learning Goal: To explore professional practice through the application of knowledge, skills, and critical reflection.  |
| Learning Outcome 1: Students apply acquired knowledge and skills to develop professional identity or professional practice. | Description of learning outcome assessment plan:During a three-week K-12 supervised field experience, students will plan and teach lessons using knowledge and skills gained in the three methods classes and many previous classes. This application of skills and knowledge helps student further develop their professional identity as future teachers. In the **final teaching reflection** for HLTH 382, students answer questions such as the following:Discuss what you learned in previous classes that helped you develop lesson plans and succeed as a teacher during the 3-week experience. Describe what you learned in this class that you used in developing lesson plans and in their teaching experience. Describe how this teaching experience help you develop as a teacher or develop your professional identity as a teacher. In the **cooperation reflection assignment** student discuss the following related to their teaching practice. 2a) Describe three things that you used from this course or from previous courses to positively contribute to the team-teaching experience.2b) Describe three things from developing lessons and teaching with a team, that have helped you develop as a professional or enhance your future teaching practice. Similar critical reflections are completed in each of the three courses. |
| Learning Outcome 2: Students critically reflect on their learning, abilities, experiences, or role within professional contexts. | Description of learning outcome assessment plan:In each of the three courses, students use the reflective cycle to implement change in teacher performance, student learning, and/or instructional goals and decisions. All of these are important to becoming professional teachers.In the **final teaching reflection** for HLTH 382, students answer questions such as the following:* Describe and provide examples of what went well in the teaching experience.
* Describe and provide examples of what you could do to improve your teaching skills for the future.
* Describe something you learned about yourself and your teaching skills through this teaching experience.
* Discuss examples of what you learned or experienced during the teaching experience that you can use to make your teaching better for future professional experiences (such as student teaching or teaching jobs).
* How has your confidence related to teaching changed as a result of this teaching experience?
* What do you still need to know to become a better professional (teacher)?

In the cooperation reflection assignment student reflect on the following related to their teaching practice:1a). Describe two things that *you* did well to make your team-teaching situation work well.1b). Describe two things that *you* could do to make a team-teaching situation like this better in the future.3a). Name one example that *your group member(s)* did well to make your team-teaching situation work well.3b). Name one example that *your group members(s)* could do to make a team-teaching situation better in the future. |
| Additional information for REAL Council consideration: |

##  Approvals and Review

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| Are existing material resources adequate to support this program alignment proposal? [x]  Yes [ ]  No If not, what additional material resources would be needed?Are existing space resources adequate to support this program alignment proposal? [x]  Yes [ ]  No If not, what additional space resources would be needed?Are existing human resources adequate to support this program alignment proposal? [x]  Yes [ ]  No If not, what additional human resources would be needed?  |
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| Department Curriculum Committee Recommendation: | Signature: | Date: |
| Chair/Dean on Behalf of Dept/School: | Signature: | Date: |
| College Curriculum Committee Approval: | Signature: | Date: |
| Dean/AVP Approval: | Signature: | Date: |
| REAL Council Recommendation: | Signature: | Date: |
| Faculty Senate Curriculum Committee Recommendation: | Signature: | Date: |
| Faculty Senate Approval: | Signature: | Date: |
| Provost Approval: | Signature: | Date: |