

Radford University

Student Guide for Returning to Campus Fall 2020

We look forward to having you on campus in the very near future! While we are living in unprecedented times and this year, campus life will be unlike any other. The University has been working very hard to prepare a safe and healthy environment. It is important that you do your part as a member of the Highlander family, to ensure a successful semester. Doing your part, means not only taking care of yourself but considering the health and safety of those around you. Please read the following information carefully so that you know what to anticipate, what changes are being implemented upon, how you can properly prepare for returning to campus, and what personal responsibilities you will be expected to adhere to as we come back together on campus in-person.

You are strongly encouraged to be a “Healthy Highlanders” and sign an honor pledge attesting your commitment to putting your own health and the health of others first. Healthy Highlanders will launch the week of July 20.

Public Health Measures – Slow the Spread. Do the Five.

- **Wash your hands** – Frequent handwashing with soap and water for 20 seconds is one of the most effective preventative measures you can do. If soap and water are not available, use a 62% (or higher) alcohol based hand sanitizer. Hand sanitizer stations will be available across campus. To learn about proper handwashing, visit <https://www.vdh.virginia.gov/haiar/infection-prevention/standard-precautions/hand-hygiene>.
- **Wear a mask or face covering** – Every student will be provided two cloth masks. Students living in on-campus housing will receive their masks as part of the check-in process. Non-residential students will be able to receive their face coverings at housing check-in locations, the “One Stop” business area, Bonnie Information Desk or the Dean of Students Office. Students are expected to wear masks or face coverings in class, conducting business on campus and in shared/common spaces. Students will also be expected to wear a mask or face covering while outside if a six-foot physical distance is unable to be maintained.
- **Avoid touching your face** – On average we touch our faces 16 to 26 times per hour. If your hands have germs on them and you touch your mouth, nose or eyes, you are putting those germs into your body. Make a conscious effort to not touch your face (wearing a mask may serve as a reminder).
- **Maintain physical distancing** – Maintain a six-foot distance from other students, faculty and staff whenever possible, both while you are on- and off-campus. Classrooms, lobbies and offices across campus are being reconfigured to support 6-foot physical distancing as much as possible. Please be mindful of posted room capacities, floor markings, and identified seating. Buildings will have designated entrances and exits.
- **Stay home if you feel sick** – If you do not feel well, or if you have been exposed to someone who has tested positive for COVID-19, stay home and monitor your symptoms. This includes taking your temperature twice a day. Call the Student Health Center for a telehealth appointment and the Dean of Students Office can assist with an absence notification to your instructors. Do not take a chance of exposing others.

Student Supply List of Health Items to Bring to Campus

- **Hand sanitizer** – While hand sanitizer stations will be available across campus, it is recommended that students also bring their own supply and carry a small bottle with them at all times.
- **Thermometer** – All students should bring a thermometer to be able to take their temperature in the event they get exposed or experience other symptoms.
- **Masks/face coverings** – Every student will be issued two cloth masks; however, they should be laundered after each use daily. To ensure you have a clean mask daily, you may want to consider bringing additional masks or face coverings.
- **Disinfectant cleaner** – All students should bring a disinfectant cleaner to use in their rooms/apartments regularly. It is recommended to regularly clean high-touch surfaces, such as door knobs, remote controls, light switches, and faucet handles.
- **Health insurance card** – We encourage all students to bring a copy of their health insurance card. While many services are done at no charge at the Student Health Center, in the event you need services that are not included or need to be referred to an off-campus provider, it will be important to have your health insurance information with you.

Symptom Tracking, Testing and Contact Tracing

Symptom Tracking

- The University has developed and implemented a daily symptom tracking tool. All Radford University students attending in person classes or participating in a clinical or other field experience or internship are expected to complete the symptom tracking tool on a daily basis.
- This tool is intended to assist with the consistency of your regular health screening. Setting a daily routine by always responding to these questions first thing in the morning is a good approach to keeping yourself and others safe and healthy.
- The tool is available in the RUMobile app and online at <http://www.radford.edu/symptom-tracker>.

Testing

- Radford University is actively working with officials from the Virginia Department of Health, specifically the New River Health District, and colleagues at the University of Virginia to determine areas of high prevalence and test students coming from those areas and returning to campus. Testing will be organized and performed by PathGroup and occur between August 1-14, 2020. The partnership with PathGroup was established by working with LewisGale, a regional health system.
- Prior to arrival to campus, a student will be notified of the need to be tested. For a residential student, upon arrival to campus as part of move-in, they will be directed to the testing location. Following testing, they will then check-in, receive their residence hall or apartment keys, and proceed with move-in. They will be encouraged to quarantine, follow physical distancing, wear a face covering, and follow all other safety guidelines until test results are received within 24 to 36 hours.

- Students living off-campus and returning from an area determined to be of high prevalence will be notified of the need for testing and made aware of the expectation to participate upon arrival in Radford and prior to starting classes.
- For students not able to return to campus by or before the start of classes, but who may be returning from an area deemed to be of high prevalence, testing will be available on campus upon arrival and prior to starting classes.
- Staff at the Student Health Center will test students that become symptomatic once on campus.
- Testing for close contacts of positive cases will be done through the PathGroup and administered by staff at Radford University's Student Health Center, which is located on the main campus.
- Please note that the University is in the process of finalizing a contract for student health services with Carilion Clinic for Radford University Carilion (RUC) students. This service will be available with the start of the Fall 2020 semester.
- It is important to note that there are a variety of students arriving early, such as student-athletes and resident assistants, or RAs. These groups are being tested by the Virginia Department of Health, specifically the New River Health District.

Contact Tracing

- Radford University will partner with the Virginia Department of Health (VDH), specifically the New River Health District, for contact tracing. Due to privacy concerns and considerations, the University will not engage in any direct contact tracing activities; however, the University will fully offer its resources and support to the VDH in their efforts, which will be critical to limiting the community spread of COVID-19.

Classes

- In-person classrooms are being reconfigured to support physical distancing guidelines.
- Clear barriers will be at the front of each classroom, and located more than 6 feet away from others, so that instructors can talk and lecture safely behind the barrier without a face covering.
- Most classes will have online functions, this includes in-person classes. This is to support needs of students who may need to engage remotely due to approved accommodations or illness.
- Large lecture classes (over 50 students) will move to an online platform. (Some exemptions may be granted.)

Housing

- Students should think of their roommates, suitemates, and apartment-mates as family members. If you share any living space (bathroom, kitchen, etc.) with others, it is important you talk about how you will keep your Radford home healthy and safe.
- If one member of a home has symptoms, or has been exposed, then all members of that home will likely have been exposed. An exposure or close contact is defined as being within 6 feet of someone for more than 15 minutes. If one member needs to isolate/quarantine and monitor symptoms, then all members of that home should report possible exposure and may need to quarantine.

- The University is holding housing in off-campus apartments for quarantine or isolation as needed.
- Housing and Residential Life is implementing a no outside guest policy for health reasons. Limiting guests limits exposure. Off-campus students are recommended to follow the practice of limiting guests also.
- Move-in for residential students will be done by appointment over an extended period to support physical distancing. Instructions for signing-up for a move-in appointment will also be sent on July 1, 2020. The extended move-in schedule for main campus begins on August 1, 2020. The extended move-in schedule for RUC begins on August 3, 2020.
- Face masks or coverings will be required to be worn in all Housing and Residential Life hallways, public spaces, laundry rooms, lounges and lobbies.
- Lounges and kitchens in residence halls will have varied measures in place to support health and safety depending upon the hall and space. Measures include a space being locked with residents gaining key access at the front desk to signage about physical distancing and mask/face covering requirements.
- Off-campus (non-University) properties have expressed a willingness to work with individual residents/tenants to navigate early move-in. Students with off-campus leases that begin on or after August 12, 2020 should contact their housing providers to make requests for earlier move-in options.

Student Life

- Some spaces on campus will look different due to physical distancing needs. This includes lounges, the McConnell Library, computer labs, Student Recreation and Wellness, and “The Bonnie” Hurlburt Student Center.
- Programming will be offered for community-building, wellness, educational initiatives, and campus traditions. These events will adhere to appropriate health and safety guidelines. When possible, digital engagement methods will be utilized as well as in-person participation to offer and encourage broad participation.
- Clubs and organizations can (and should) still operate. The Student Involvement staff and the Student Organization Assistance and Resource (SOAR) office is here to help you do so safely. Both can be found on the second floor of “The Bonnie” Hurlburt Student Center.
- University guidelines for health and safety will have a capacity of 50 participants for in-person programs, events and gatherings with adherence to health and safety measures for physical distancing, face masks/coverings, etc.
- Large-scale campus events will be altered to adhere to CDC safety guidelines. Fall Club Fair will still take place with modified operations. Fall Family Weekend, scheduled for September 18-20, 2020, will be held virtually. More details will be coming for additional campus, athletic, and local events.
- All students should plan to adhere to all safety guidance both on and off-campus. With a shared commitment to health and safety, we will all enjoy a terrific fall semester!

Campus Services

- All dining centers will have modified operations to adhere to physical distancing guidelines. There will be no self-service food options and furniture in dining spaces will

be reconfigured or removed. There will be an increased amount of pre-packaged food available for purchase.

- During the move-in period on main campus, the University offices listed below will be open between 10 a.m. – 6 p.m. August 1-9, 2020.
 - Bursar's Office – Heth Hall 2nd Floor
 - Student Services (parking & OneCard) – Heth Hall 1st Floor
 - Financial Aid – Heth Hall 1st Floor
 - University Bookstore – Dalton Hall 1st Floor (entrance under the footbridge connecting Heth Hall to Dalton Hall.)
 - Center for Accessibility Services – Russel Hall 3rd Floor
- The Scheduling Office has received updated capacity limits for all spaces on campus. Some spaces previously used for programs or club meetings will no longer be available but we are committed to helping each user find an appropriate space for your needs.
- The Center for Accessibility Services (CAS) works with students who need accommodations for classes and housing. Students can register with and provide CAS medical documentation for a determination of approved accommodations for temporary or permanent physical and/or mental health issues. If you need assistance, call 540-831-6350 or email CAS@radford.edu.
- The Dean of Students Office will assist students as they navigate the personal, academic and social challenges that will occur throughout the coming year. If you need assistance, call 540-831-6297 or email dos-web@radford.edu.

Wellness

Student Health Services

- Radford University is proud to partner with Carilion Clinic in providing student health services for main campus and Radford University Carilion (RUC) students. Please note that the University is in the process of finalizing a contract for student health services with Carilion Clinic for Radford University Carilion (RUC) students. This service will be available with the start of the Fall 2020 semester.
- All visits will be scheduled appointments when feasible. Students will be encouraged to self-schedule in MyChart online or call (540-831-5111) to schedule an appointment.
- The Student Health Center is able to provide telehealth visits, which will be used as appropriate. If during a video visit, the student requests an onsite visit or it is deemed that an on-site visit is necessary, you will be given instructions to be seen the same day.
- The Student Health Center located on main campus has been reconfigured with two distinct outside entrances that clearly divide the well from the sick. Well visits include injuries, allergy injections, vaccines, lab testing (non-COVID) and women's health, etc. Signage will clearly delineate the well versus sick entrance.
- Students arriving for medication management or other appointments with the psychiatrist will enter through the well door. Some of the psychiatric services will be provided via telehealth.

Student Counseling Services

- Student Counseling Services, located in the lower level of Tyler Hall on main campus and fourth floor Student Affairs Office at RUC, provides free, confidential, mental health services for eligible students.
- Counseling appointments will be available in person as well as via tele-behavioral health video appointments.
- Main campus students may call 540-831-5226 to schedule an appointment and RUC students may call 540-985-8395.

Campus Operations and Communication

- The University is working closely with the Virginia Department of Health (VDH) on ensuring we have operating procedures that are in compliance with public health guidelines. As the University receives updated information from VDH processes may change throughout the course of the semester or academic year.
- All students should be checking their Radford University email regularly. This is and will continue to be the primary communication method used by the University to keep you updated on services and operations as we navigate a new normal.

If you have questions, let us know. Your health, safety and success are our priority!